

RHUBARB COMPOTE



DIRECTIONS

- 01 Put the rhubarb chunks in a large saucepan with the orange juice and star anise.
- 02 Simmer on low heat with the lid on until the rhubarb has softened and broken up.
- 03 Take it off the heat and leave it to fully cool.

This will keep in the fridge for 7 days, I love it with granola and Greek yoghurt for breakfast.

INGREDIENTS

- 400g rhubarb - washed and cut into chunks
- Juice of an orange
- 2 star anise

